THREDBO MOUNTAIN BIKE PARK

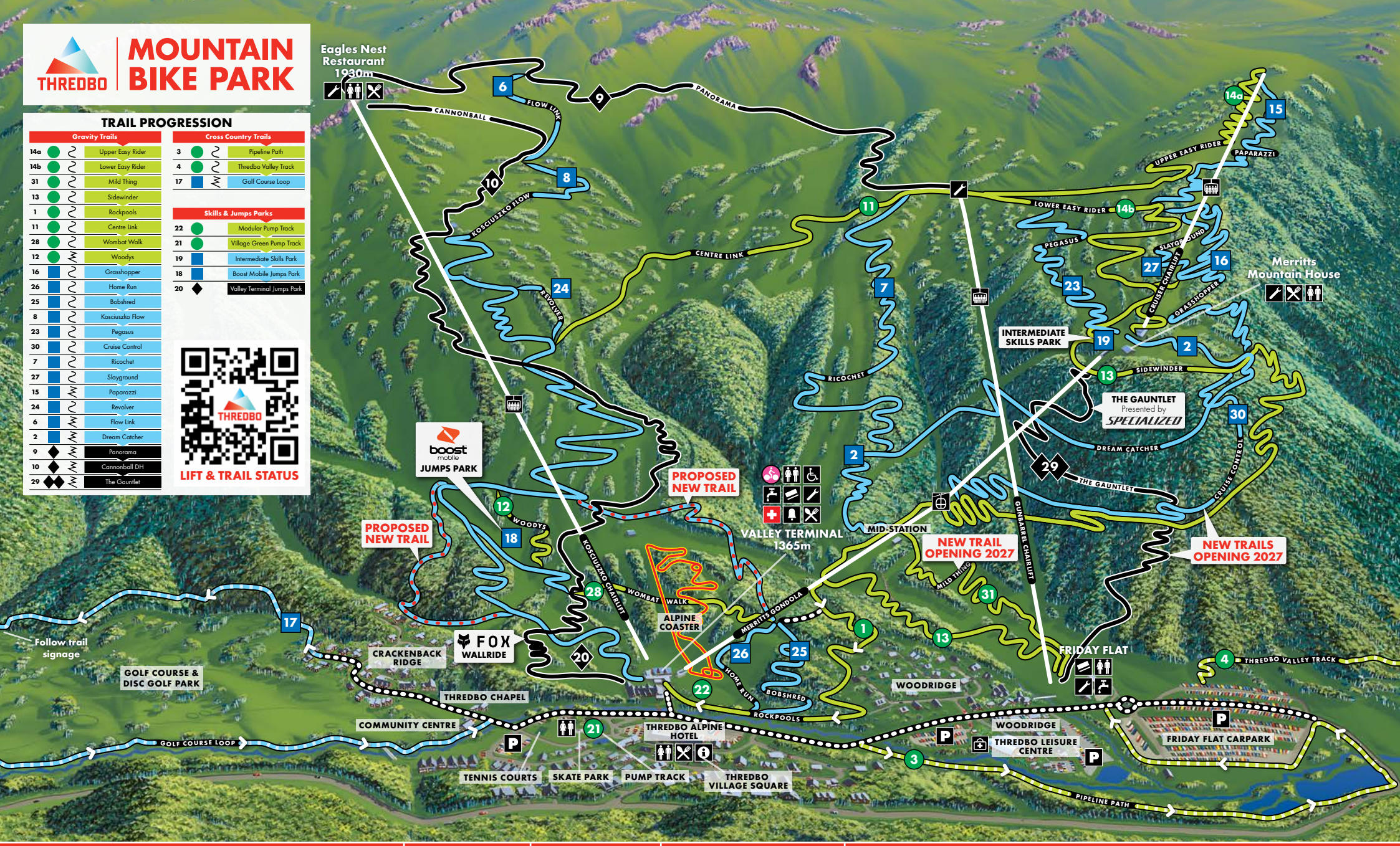
TRAIL PROGRESSION

Gravity Trails		
14a	Green	Flow	Upper Easy Rider
14b	Green	Flow	Lower Easy Rider
31	Green	Flow	Mild Thing
13	Green	Flow	Sidewinder
1	Green	Flow	Rockpools
11	Green	Flow	Centre Link
28	Green	Flow	Wombat Walk
12	Green	Technical	Woodys
16	Blue	Flow	Grasshopper
26	Blue	Flow	Home Run
25	Blue	Flow	Bobshred
8	Blue	Flow	Kosciuszko Flow
23	Blue	Flow	Pegasus
30	Blue	Flow	Cruise Control
7	Blue	Flow	Ricochet
27	Blue	Flow	Slayground
15	Blue	Technical	Paparazzi
24	Blue	Flow	Revolver
6	Blue	Technical	Flow Link
2	Blue	Technical	Dream Catcher
9	Diamond	Technical	Panorama
10	Diamond	Technical	Cannonball DH
29	Double Diamond	Technical	The Gauntlet

Cross Country Trails		
3	Green	Flow	Pipeline Path
4	Green	Flow	Thredbo Valley Track
17	Blue	Technical	Golf Course Loop

Skills & Jumps Parks		
22	Green	Modular Pump Track
21	Green	Village Green Pump Track
19	Blue	Intermediate Skills Park
18	Blue	Boost Mobile Jumps Park
20	Diamond	Valley Terminal Jumps Park

LIFT & TRAIL STATUS



KEY TO SYMBOLS

Thredbo Retail & Rental	Food & Drink	Toilets
Thredbo Medical Centre	MTB School	Accessible Toilets
MyThredbo Card Kiosk	Tool Station	Bike Wash Station
Information	Parking	First Aid

TRAILS

- On Road
- Cross Country
- Downhill

TRAIL DIFFICULTY

- Beginner
- Intermediate
- Advanced
- Expert

TRAIL TYPES

Flow – Machine-built trails with wider width, smooth surface, flowing terrain, berms, and jumps.

Technical – These trails have a rougher surface, narrower width, and may feature rocks, roots and tighter corners.

RESORT PARTNERS

Coca-Cola · DEFENDER · red energy · boost mobile · SPECIALIZED · FOX · MAXXIS · SRAM · ROCKSHOX · Monster · OAKLEY

THREDBO MOUNTAIN BIKE PARK

AUSTRALIA'S PREMIER MOUNTAIN BIKE PARK

21 NOVEMBER 2026 – 26 APRIL 2027

NEW TRAILS

Three new trails are coming to the MTB park early in 2027; The Gauntlet, a double black DH racetrack, runs from the top of the Merritts Gondola to Friday Flat, Cruise Control, a progressive intermediate jumps trail, and Mild Thing, a new skills-based beginner trail on Friday Flat that will be accessible from the Merritts Gondola mid-station.

LIFT PASSES

BUY EARLY ONLINE & SAVE UP TO 35%

Buy your lift passes online 7 days or more in advance and unlock savings of up to 35%.

Scan here for MTB Lift Passes and Rental

MTB RENTAL

Thredbo MTB Rental offers an extensive range of the latest gravity bikes from Specialized, plus recreational mountain bikes to explore the valley floor and the Thredbo Valley Track.

MTB SCHOOL

Our MTB School boasts Australia's top instructors who are certified by the Global Syndicate of Mountain Bike Coaching. We offer daily lessons for all levels and riders aged 5 years+.

- Private Lessons (Kids & Adults)
- Intro To MTB (Learn 2 Ride)
- MTB Fundamentals (Beginner)
- MTB Essentials (Low Intermediate)
- MTB Progression (High Intermediate)
- Women's Ride Days
- Gravity Groms Holiday Session

Scan here for MTB School

MTB PARK HOURS

Kosciuszko Chairlift	9:00am – 4:00pm
Merritts Gondola	9:30am – 4:00pm
Gunbarrel Chairlift	9:30am – 3:30pm
Cruiser Chairlift	9:45am – 3:30pm

Refer to Lifts & Trails Status for planned closure schedule

RETAIL

Need new gear or forgot something? Our MTB Retail outlet has you covered with a vast range of gravity-focused protection, apparel, bikes, parts, and accessories from top brands like Fox, Oakley, Sram, Specialized, Maxxis, and more!

MTB WORKSHOP

Located at Valley Terminal, the MTB Workshop provides comprehensive bike setup and maintenance services. From quick tune-ups to full servicing, our certified mechanics use the latest tools and technology to keep your bike performing at its best.

THREDBO LEISURE CENTRE

There's something for everyone at our top-class facility - from the gym and pool to the waterslide, Mission Inflatable, sports hall, bouldering wall, squash court, and Zero Gravity Trampoline Facility.

Visit *thredbo.com.au/activities/thredbo-leisure-centre*

MOUNTAIN BIKE RESPONSIBILITY CODE

THERE ARE INHERENT RISKS IN ALL MOUNTAIN BIKE RECREATIONAL ACTIVITIES. COMMON SENSE, PROTECTIVE EQUIPMENT AND PERSONAL AWARENESS CAN REDUCE RISK. YOUR KNOWLEDGE, DECISIONS AND ACTIONS CONTRIBUTE TO YOUR SAFETY AND THE SAFETY OF OTHERS.

KNOW YOUR ABILITY

- Take lessons to learn and progress.
- Do not ride lifts or undertake any form of mountain biking if your ability is impaired by drugs or alcohol.
- Before using lifts, have the ability to load, ride and unload yourself and your bike safely. Always use restraining devices (Safety Bar).

KNOW YOUR RIDE

- Helmets are mandatory. Full-face helmets are highly recommended on all trails.
- Obey all signage. Stay on marked trails. Do not cut switchbacks. Keep off closed areas.
- Observe all Walking Zones. Dismount your bike and walk.
- Assist others if you are involved in or witness a collision or accident. Identify yourself to Bike Patrol or staff member.
- Ensure your bike meets the minimum Thredbo MTB bike requirements:
  - 2 working disc brakes.
  - Tyre width must be 1.9 – 3 inches to be accommodated by chairlift bike carriers.
  - Remove mudguards longer than 25cm.
  - Bikes may only be ridden by one person. No children to be on a bike with an adult. Tandem bikes and bikes with trailers are not permitted.

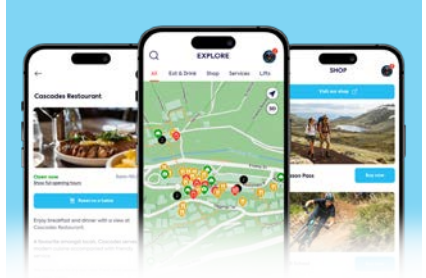
KNOW YOUR ZONE

- When entering a trail or starting downhill, look uphill and give way to other riders.
- Do not stop where you obstruct the trail or are not visible from above.
- Uphill biking is not permitted on downhill trails or mountain roads at any time due to risk of collisions with machinery or vehicles.

KNOW THE CODE. IT'S YOUR RESPONSIBILITY

FAILURE TO OBSERVE THE CODE MAY RESULT IN CANCELLATION OR YOUR TICKET OR PASS BY PATROL OR OTHER AUTHORISED PERSONNEL.

BIKE PATROL 02 6459 4147



DOWNLOAD OUR MOBILE APP

This is your ultimate guide to Thredbo Resort. Discover everything on and off the mountain. Log in for special offers and live updates.

Download on the **App Store** or **Google Play Store**.

SUMMER EVENTS

Explore Thredbo's huge summer events calendar and enjoy live entertainment, MTB events, guided hikes, family-friendly activities, and much more!

Scan for summer events

THREDBO ALPINE COASTER

Experience the mountain like never before with Thredbo's latest adventure! This 1.5km track allows riders to control their speed, reaching up to 40km/h through the incredible alpine scenery.

RESTAURANTS, BARS & VILLAGE CONVENIENCES

Medical Centre, Post Office, Foodworks Supermarket, Bakery, Books, Gifts, Chemist, Bottleshop, and Service Station.

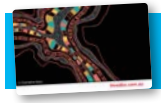
Thredbo has over 20 places to relax, sip and dine. Discover the perfect spot to recharge after a day of adventure!

Scan here for all on-mountain and village dining

MYTHREDBO

Your MyThredbo Card holds all loaded products purchased online and in resort. Pick your card up at our 24/7 MyThredbo Card Kiosks located outside Guest Services at Friday Flat and Valley Terminal in Thredbo. You can also load your card with **MYMONEY** and use it to pay at:

- Alpine Bar
- Alpine Pizzeria
- The Bakery
- Burton Store
- Cascades Restaurant
- Eagles Nest Restaurant
- Friday Flat Bar & Bistro
- The Local Pub
- Lounge Bar
- Merritts Mountain House
- Schuss Bar
- Thredbo Guest Services
- Thredbo Leisure Centre
- Thredbo Online Shop
- Thredbo Retail & Rental
- Thredbo MTB School



MyThredbo card – $5.00
Required for all lift, lesson and rental products.

SUSTAINABILITY AND ENVIRONMENT

Thredbo is committed to a journey of preserving, protecting, and prioritising our unique environment.

DID YOU KNOW?

- Thredbo is an EarthCheck Platinum Sustainable Destination – EarthCheck is an independent sustainability assessor within the travel and tourism industry, and has assessed Thredbo over a holistic range of sustainability markers.
- Renewable Now – Together with Red Energy and Snowy Hydro, Thredbo is proud to be powered by renewable electricity.
- Thredbo collaborates with Greenfleet - planting native forests to offset fuel emissions.

Join us on the journey at *thredbo.com.au/environment*.

Thredbo sits on the traditional land of the Monero - Ngarigo people who have looked after this land, water and community for over 60,000 years. We thank them for all they have done and continue to do to look after their country, a special place which we all love and respect.

FIND YOUR OUTSIDE VOICE

We are part of EVT