



MTB Interschools Rules & Regulations 2026

Zero Tolerance Policy

Thredbo holds a zero-tolerance policy to anti-social behaviour. Riders must always act in a sporting manner whilst showing respect to fellow competitors, staff, guests, and the natural Thredbo environment. Riders accept that involvement in anti-social behaviour or riding the MTB park after hours will, without notice, result in being banned from all future Thredbo MTB events, removal of lift access privileges and their school disqualified from this competition.

General Rules

- Riders must always act in a sporting manner and allow faster riders to overtake without obstruction.
- If a rider exits the course for any reason, they must re-enter the course at the point of exit unless no time advantage was gained.
- Failure to return to the course properly may result in disqualification, as determined by the commissaires' panel.
- Riders must respect the environment and ensure they do not pollute the course venue.
- Any type of headphone device is strictly prohibited during practice and racing. Riders caught using headphones in this period may be disqualified.

Race Plates

- Race plates must not be cut, altered, modified, or wrapped around handlebars. They must remain clearly visible to race marshals and timing officials at all times.
- Transponders on race plates must be placed away from the forks whenever possible.
- Modifying or wrapping your race plate around the handlebars may result in timing inaccuracies or disqualification.

Concussion Rule

- If a rider is involved in an incident where a concussion is suspected, they must be thoroughly assessed and monitored by a healthcare professional as soon as possible and no later than on the day of the incident.
- Riders must obtain medical clearance before returning to competition. For multi-day events, this clearance must confirm the rider is fit to compete for the event's entire duration.
- Refer to the [Thredbo Concussion Policy](#) for further details.



Seeding

- Seeding for the All-Mountain race will be based off 2025 Interschools results.
- Those results will then determine seeding for the Flow start list on the following day. The Flow results will then determine seeding for the DH start list.
- The All-Mountain and Flow races will be seeded from fastest to slowest.
- Seeding for the DH will run fastest to slowest, except for the top 30 riders. These 30 riders will take their run at the end of the category using the regular UCI style of seeding: slowest to fastest.

E-Bikes and Bike Requirements

- Due to the nature of this event, E-bikes are banned from all races.
- For all events using the chairlift, all bikes must have front and rear disc brakes, and front suspension.
- Dual suspension bikes are recommended.



Points Scoring System – Teams, King & Queen and Champion Schools

In each event, riders are awarded points based off their rank. These points are tallied to determine the team results for each event, the King & Queen results, and the champion school results.

Points Grid

Position	Male Points	Female Points
1st	80	80
2nd	70	70
3rd	65	65
4th	60	60
5th	55	55
6th	50	50
7th	48	45
8th	46	40
9th	44	35
10th	42	30
11th	40	25
12th	38	20
13th	36	15
14th	34	10
15th	32	5

Position	Male Points	Female Points
16th	30	4
17th	28	3
18th	26	2
19th	24	1
20th	22	1
21st	20	1
22nd	18	1
23rd	16	1
24th	14	1
25th	12	1
26th	10	1
27th	8	1
28th	6	1
29th	4	1
30th	2	1
31st +	1	1

Team Results

To be eligible for a team result, schools must have a minimum of 2 students in the same division competing in a given event. Schools are ranked on the sum of the points of their 3 best ranked riders.

King & Queen Results

These results are calculated based off a points system. Riders do not need to enter all races to be in the running for King or Queen. Riders are ranked on the sum of the points scored across all events. The rider with the most points in each division will be awarded King or Queen of their division. In the event of a tie-breaker, the combined time of all events will be used to determine a winner.

Champion School Results

Champion school results are calculated by combining the points scored across all events of Interschools by the 10 best male and female points scorers of each school. The school with the most points across the whole event will be determined Champion School. Additionally, there will be Champion School for each division.



Specialized All-Mountain

All-Mountain Trail - From the top of Merritts Gondola

Competition Format

- Each competitor will complete one timed run, with riders starting at 30-second intervals.

Rules

1. Course Adherence:

- Riders must race within the marked tapes.
- If a rider exits the course, they must re-enter at the point of exit unless no time advantage is gained.

2. Bike Requirements:

- All bikes must have a minimum front suspension and two working brakes.

3. Mandatory Gear:

- Full-face non-detachable helmets meeting Australian off-road standards.
- Regular shoes are required. Sandals or open-toed shoes are not permitted.
- For all riders, the following are mandatory:
 - a) Full-finger gloves
 - b) Full-length jerseys
 - c) Knee & Elbow pads

4. Additional Recommendations:

- Long pants are recommended for added protection.

Note: The Commissaire and/or Race Director will decide whether a rider is eligible for a re-run. Their decision is final.

Marshals

- 15 marshals will be stationed throughout the racecourse to ensure safety and enforce rules.

First Aid Patrollers

- 6 First Aid Patrollers will be positioned across the racecourse and at the Valley Terminal Finish Area/Event Hub to provide immediate assistance.



Fox Flow

Kosciuszko Flow Trail – From Kareela Hutte

Competition Format

- Each competitor will complete one timed run, with riders starting at 30-second intervals.

Rules

1. Course Adherence:

- Riders must race within the marked tapes.
- If a rider exits the course, they must re-enter at the point of exit unless no time advantage is gained.

2. Bike Requirements:

- All bikes must have a minimum front suspension and two working brakes.

3. Mandatory Gear:

- Full-face non-detachable helmets meeting Australian off-road standards.
- Regular shoes are required. Sandals or open-toed shoes are not permitted.
- For all riders, the following are mandatory:
 - a) Full-finger gloves
 - b) Full-length jerseys
 - c) Knee & Elbow pads

4. Additional Recommendations:

- Long pants are recommended for added protection.

Note: The Commissaire and/or Race Director will decide whether a rider is eligible for a re-run. Their decision is final.

Marshals

- 15 marshals will be stationed throughout the racecourse to ensure safety and enforce rules.

First Aid Patrollers

- 6 First Aid Patrollers will be positioned across the racecourse and at the Valley Terminal Finish Area/Event Hub to provide immediate assistance.



Rockshox Downhill

Cannonball Downhill Trail – All divisions will race from the fly over bridge at the end of Centre Link

Competition Format

- Each competitor will complete one timed run, with riders starting at 30-second intervals.

Rules

1. Course Adherence:

- Riders must race within the marked tapes.
- If a rider exits the course, they must re-enter at the point of exit unless no time advantage is gained.

2. Bike Requirements:

- All bikes must have a minimum front suspension and two working brakes.

3. Mandatory Gear:

- Full-face non-detachable helmets meeting Australian off-road standards.
- Regular shoes are required. Sandals or open-toed shoes are not permitted.
- For all riders, the following are mandatory:
 - a) Full-finger gloves
 - b) Full-length jerseys
 - c) Knee & Elbow pads

4. Additional Recommendations:

- Long pants are recommended for added protection.

Note: The Commissaire and/or Race Director will decide whether a rider is eligible for a re-run. Their decision is final.

Marshals

- 15 marshals will be stationed throughout the racecourse to ensure safety and enforce rules.

First Aid Patrollers

- 6 First Aid Patrollers will be positioned across the racecourse and at the Valley Terminal Finish Area/Event Hub to provide immediate assistance.



Maxxis Pump Track

Village Green Pump Track

Qualifying

All riders will complete 1 compulsory qualifying run at any time during their divisions time slot to be eligible to compete in the finals.

Finals

All finals will comprise solo timed runs and will feature the top 30 men and 15 women from qualifiers. Eligible qualifiers will progress through to the finals for one race run, racing from slowest to fastest in order of qualifying times.

Competition Format

- All riders will start from the same gate.
- All riders must complete a full outside lap and an inside lap in any order.
- Chains are allowed. You can pedal up until the first tabletop (timing line), then no more pedalling for the rest of the course, except Div 5 who are allowed to pedal the entire track.

Rules

1. Course Adherence:

- Riders must race within the marked tapes.
- If a rider exits the course, they must re-enter at the point of exit unless no time advantage is gained.

2. Bike Requirements:

- All bikes must have a minimum front suspension and two working brakes, and a minimum wheel size of 20 inch.
- All riders must use flat pedals, clipped in pedals are prohibited.

3. Mandatory Gear:

- Full-face non-detachable helmets meeting Australian off-road standards.
- Regular shoes are required. Sandals or open-toed shoes are not permitted.
- For all riders, the following are mandatory:
 - a) Full-finger gloves
 - b) Elbows must be covered. 3/4 length jerseys are acceptable if they are covering the elbows
 - c) Knee pads

Note: The Commissaire and/or Race Director will decide whether a rider is eligible for a re-run. Their decision is final.

Marshals

- 3 marshals will be stationed throughout the racecourse to ensure safety and enforce rules.

First Aid Patrollers

- 2 First Aid Patrollers will be positioned in the Event Hub to provide immediate assistance.