



## 2024 MTB Interschools Rules & Regulations

### Zero Tolerance Policy

Thredbo holds a zero-tolerance policy to anti-social behaviour. Riders must always act in a sporting manner whilst showing respect to fellow competitors, staff, guests, and the natural Thredbo environment. Failure to do so will result in immediate disqualification from the event and removal of lift access privileges.

### **General Rules**

- A rider must always act in a sporting manner and must permit any faster rider to overtake without obstructing.
- If a rider exits the course for any reason, he/she must return to the course between the same two course markers where he/she exited.
- In case a rider fails to return to the course, the commissaires' panel can disqualify the rider.
- The riders must respect nature and must make sure that they do not pollute the course venue.
- Anyone who is found to have altered the course has his/her accreditation removed or, in case of a rider, is disqualified.

### **Race Plates**

Race plates cannot be cut, altered, modified, or wrapped around handlebars and must be clearly visible for race marshals and timing officials at all times. It is critical transponders that plates must be placed away from the forks where possible. Your race result may **NOT** be recorded if you modify or wrap your number plate around the handlebars and may result in a DQ.

### **Concussion Rule**

If you have been involved in an incident and suspected of a concussion must be thoroughly assessed and monitored by a healthcare professional. All participants must receive medical clearance before returning to competition. In case of a multi-day event clearance must state that they are cleared medically to compete for the duration of the event. Please see the Thredbo Concussion Policy for further detail.

### **Seeding**

Seeding for the All-Mountain race will be based off 2023 Interschools results. Those results will then determine seeding for the Flow start list on the following day. The Flow results will then determine seeding for the DH start list.

## Norco All-Mountain

All-Mountain Trail - From the top of Merritts Gondola

### Competition Format

1 timed run per competitor with 30 second intervals.

### Rules

- Riders must ride between the marked tape.
- In the event of the rider leaving the marked course, they will be disqualified if a time advantage is gained by short cutting.
- All bikes must have a minimum of front suspension and two disc brakes.
- Full face non-detachable helmets meeting the Australian Standards for off road use are mandatory for all competitors.
- Full finger gloves and knee pads are mandatory for all competitors.
- Elbows must be covered. 3/4 length jerseys are acceptable if they are covering the elbows.

**NOTE:** The Commissaire and/or Race Director will decide if riders are eligible for a re-run. Their decision is final.

### Marshals

15 marshals spread out across the race course.

### First Aid Patrollers

6 First Aid Patrollers to be located throughout the race course and within the Valley Terminal Finish Area/Event Hub.

First Aid Shelter tent will be erected with signage to indicate First Aid services.

## **Fox Flow**

**Kosciuszko Flow Trail – From Kareela Hutte**

### **Competition Format**

1 timed run per competitor with 30 second intervals

### **Rules**

- Riders must ride between the marked tape.
- In the event of the rider leaving the marked course, they will be disqualified if a time advantage is gained by short cutting.
- All bikes must have a minimum of front suspension and two disc brakes.
- Full face non-detachable helmets meeting the Australian Standards for off road use are mandatory for all competitors.
- Full finger gloves and knee pads are mandatory for all competitors.
- Elbows must be covered. 3/4 length jerseys are acceptable if they are covering the elbows.

**NOTE:** The Commissaire and/or Race Director will decide if riders are eligible for a re-run. Their decision is final.

### **Marshals**

15 marshals spread out across the race course.

### **First Aid Patrollers**

6 First Aid Patrollers to be located throughout the race course and within the Valley Terminal Finish Area/Event Hub.

First Aid Shelter tent will be erected with signage to indicate First Aid services.

## Oakley Cannonball Downhill

Cannonball Downhill – Div 1,2 & 3 From the Fire Road corner, Div 4 & 5 from end of Centre Link

**Note:** For 2024, there will be no "B Line" option with the course utilising the Cannonball Downhill ONLY.

### Competition Format

1 timed run per competitor with 30 second intervals.

### **Rules**

- Riders must ride between the marked tape.
- In the event of the rider leaving the marked course, they will be disqualified if a time advantage is gained by short cutting.
- All bikes must have a minimum of front suspension and two disc brakes.
- Full face non-detachable helmets meeting the Australian Standards for off road use are mandatory for all competitors.
- Full finger gloves, elbow pads and knee pads are mandatory for all competitors.
- Elbows must be covered. 3/4 length jerseys are acceptable if they are covering the elbows.

**NOTE:** The Commissaire and/or Race Director will decide if riders are eligible for a re-run. Their decision is final.

### **Marshals**

15 marshals spread out across the race course.

### **First Aid Patrollers**

6 First Aid Patrollers to be located throughout the race course and within the Valley Terminal Finish Area/Event Hub.

First Aid Shelter tent will be erected with signage to indicate First Aid services.

## Rockshox Pump Track

### Village Green Pump Track

#### Qualifying

All riders will complete 1 compulsory qualifying run at any time during their divisions time slot to be eligible to compete in the finals.

#### Finals

All finals will comprise solo timed runs. Div 1, 2 & 3 will feature the top 30 men and 10 women from qualifiers. Div 4 & 5 will feature the top 20 men and 5 women from qualifiers. Eligible qualifiers will progress through to the finals for one race run, racing from slowest to fastest in order of qualifying times.

#### Competition Format

All riders will start from the same gate.

Division 1, 2, 3 & 4 riders must complete a full outside lap, followed by an inside lap.

Division 5 riders must complete an outside lap only. Div 5 is also allowed to pedal.

#### Rules

- Chains are allowed. You can pedal up until the first tabletop, then no more pedalling for the rest of the course (except for Div 5).
- Riders must ride between the marked tape.
- In the event of the rider leaving the marked course, they will be disqualified if a time advantage is gained by short cutting.
- All bikes must have a minimum of 1 working brake and a minimum wheel size of 20 inch.
- Full face non-detachable helmets meeting the Australian Standards for off road use are mandatory for all competitors.
- Full finger gloves, elbow pads and knee pads are mandatory for all competitors.
- Elbows must be covered. 3/4 length jerseys are acceptable if they are covering the elbows.

**NOTE:** The Commissaire and/or Race Director will decide if riders are eligible for a re-run. Their decision is final.

#### Marshals

3 marshals spread out across the race course.

#### First Aid Patrollers

2 First Aid Patrollers to be located throughout the race course and within the Finish Area/Event Hub.

First Aid Shelter tent will be erected with signage to indicate First Aid services.

## Points Scoring System – Teams, King & Queen and Champion Schools

Riders will be awarded points based off their position in each event. These points will be tallied to determine the team results, King & Queen results & champion school results.

### Team Results

To be eligible for a team result, schools must have a minimum of 3 students in the same division competing in the event. The top 3 positions from the school will go towards the combined points result.

### King & Queen Results

To be eligible for King or Queen of Interschools, students must compete in all four main events including All-Mountain, Flow Motion, Downhill & Pump Track. Riders will be awarded points based off their position in each event. The rider with the most points in each division will be awarded King or Queen of their division.

### Champion School Results

Champion school results are calculated by combining all points received from every student competing across the four main events of Interschools. The school with the most points across the whole event will be determined Champion School.

### Points Scoring System

Position	Points
1st	200
2nd	160
3rd	140
4th	125
5th	110
6th	95
7th	90
8th	85
9th	80
10th	75
11th	70
12th	65
13th	60
14th	55
15th	50
16th	45
17th	44
18th	43
19th	42
20th	41

Position	Points
21st	40
22nd	39
23rd	38
24th	37
25th	36
26th	35
27th	34
28th	33
29th	32
30th	31
31st	30
32nd	29
33rd	28
34th	27
35th	26
36th	25
37th	24
38th	23
39th	22
40th	21

Position	Points
41st	20
42nd	19
43rd	18
44th	17
45th	16
46th	15
47th	14
48th	13
49th	12
50th	11
51st	10
52nd	9
53rd	8
54th	7
55th	6
56th	5
57th	4
58th	3
59th	2
60th +	1